

Change Your Life By Changing Your Mind 50 Days of Transformation – Part 4

Romans 12:2 (NLT) “Do not be conformed to the pattern of this world, but let God transform you into a new person by changing the way you think.”

WHY I MUST MANAGE MY MIND

- **Because my thoughts** _____

Proverbs 4:23 (TEV) “Be careful how you think; your life is shaped by your thoughts.”

- **Because the mind** _____

Romans 7:22-23 (LB) “I love to do God’s will so far as my new nature is concerned; but there’s something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin within me. In my mind I want to be God’s servant, but instead I find myself still enslaved to sin.”

- **Because it’s the key** _____

Romans 8:6 (NLT) “If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.”

3 DAILY CHOICES FOR A HEALTHY MIND

1. I MUST FEED MY MIND _____

Matthew 4:4 (NLT) “People need more than bread for their life; they must feed on every WORD OF GOD.”

Psalms 119:147 (NLT) “I rise early. . . to cry out for help and to put my hope in your words.”

Psalms 119:97 “Lord, how I love your Word. I think about it all day long.”

Psalms 16:7 (CEV) “Even in the darkest of night, your teachings fill my mind.”

Psalms 119:95 “When wicked people hide to ambush and kill me, I quietly keep my mind on your decrees.”

2. I MUST FREE MY MIND FROM _____

Romans 8:5 (NLT) “Those who are dominated by their sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.”

1 John 2:16 “All that is in the world, the lust of the flesh, the lust of the eyes and the pride of life is not of the Father but it’s of this world.”

2 Corinthians 10:3-5 “Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. Our weapons have divine power to demolish strongholds. We demolish any argument and every pretension that sets itself up against the knowledge of God, and we TAKE CAPTIVE EVERY THOUGHT to make it OBEDIENT to Christ.”

James 1:14-15 (NLT) “Temptation comes from the lure of OUR OWN evil desires. These evil desires lead to evil actions, and then the evil actions lead to death.”

Psalms 119:112 (CEV) “I have made up my mind to obey your laws forever, no matter what.”

3. I MUST FOCUS MY MIND _____

1. Think about _____

2 Timothy 2:8 (CEV) “Keep your mind on Jesus Christ...”

Hebrews 12:3 (NCV) “Think about Jesus’ example. He held on while wicked people were doing evil things to him. So do not get tired and stop trying.”

2. Think about _____

Philippians 2:4 (LB) “Don’t just think about your own affairs, but be interested in others, too, and in what they are doing.”

Hebrews 10:24 (NCV) “Let us think about each other and help each other to show love and do good deeds.” Think about others...

3. Think about _____

Colossians 3:2 (NLT) “Let heaven fill your thoughts. Do not think only about things down here on earth.”

1 Corinthians 2:9 (NLT) “No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him.”