

WEEK 2: PRINCIPLES FOR LASTING CHANGE
What It Takes to Really Change

The Principle of Dedication: _____.

Romans 12:1 (NIV) “Therefore, I urge you, brothers, in view of God’s mercy, to offer YOUR BODIES as living sacrifices, holy and pleasing to God--this is your spiritual act of worship.”

Three things you can do with your body that are acts of worship.

2. _____.

2 Corinthians 7:1 “Let us purify ourselves from everything that contaminates the body and spirit, perfecting holiness out of reverence for God.”

2. _____.

Ephesians 5:29 “No one hates his own body but lovingly cares for it, just as Christ cares for his body which is the church.”

3. _____.

1 Thessalonians 4:4 “Each of you should learn to control his own body in a way that is holy and honorable.”

1 Corinthians 9:27 “I discipline my body like an athlete, training it to do what it should.”

The Principle of Concentration: _____.

Romans 12:2 (NIV) “Do not conform any longer to the pattern of this world, but be TRANSFORMED by the renewing of your mind.”

Ephesians 4:22b-24 “Put off your old self, which is being corrupted by deceitful desires; and be made new in the attitude of your

minds; and put on the new self, created to be like God in true righteousness and holiness.”

The Principle of Evaluation: _____.

Romans 12:3 (NIV) “Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.”

The Principle of Cooperation: _____.

Romans 12:4-5 (NLT) “Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are all parts of his one body, and each of us has different work to do. And since we are all one body in Christ, we belong to each other, and each of us needs all the others.”

Galatians 3:28 “In Christ there is no difference or division between Jews and Gentiles, free people and slaves, male or female. We are all one in Christ Jesus.”

The Principle of Affirmation: _____.

Romans 12:9-10 (NLT) “Don't just pretend that you love others. Really love them. Hate what is evil. Stand on the side of the good. Love each other with genuine affection, and take delight in honoring each other.”

The Principle of Motivation: _____.

Romans 12:11-12 (NIV) “Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer.”