HOW CAN I RESIST TEMPTATION? Clearing Up The Confusion - Part 4 of 4

James 1:12 (LB) "Happy is the man who <u>doesn't give in</u> and do wrong when he is <u>tempted</u>, for afterwards he will get as his reward the <u>crown of life</u> that God has promised those who love Him."

HOW TO RESIST TEMPTATION

1. BE <u>REALISTIC</u>

James 1:13a "When you are tempted ... "

1 Corinthians 10:13 (GN) "Every temptation that comes your way is the kind that normally comes to people..."

2. BE <u>RESPONSIBLE</u>

James 1:13b "When tempted, no one should say, `God is tempting me.' For God cannot be tempted by evil, nor does He tempt anyone."

3. BE <u>READY</u>

James 1:14-16 "Each one is tempted when, by his <u>own</u> evil desires, he is dragged away and <u>enticed</u>... Don't be <u>deceived</u>..."

HOW TEMPTATION WORKS

2 Corinthians 2:11 "In order that Satan might not outwit us, we are <u>not unaware</u> of his schemes."

1st Phase: Desire

"Each one is tempted when, by his own evil desires..."

2nd Phase: <u>Deception</u>

"... he is dragged away and <u>enticed</u> . . . "

3rd Phase: Disobedience

"Then, after desire has conceived, it gives birth to sin"

4th Phase: Death

"and sin, when full grown, gives birth to <u>death</u>."

4. BE <u>REFOCUSED</u>

James 1:17 "Every good and perfect gift is from above, coming down from the Father of heavenly lights..."

5. BE <u>REBORN</u>

James 1:18 "(God has) chosen to give us <u>birth</u> through the Word of Truth..."