

# SURVIVING MY SCHEDULE

## Wise Words from King Solomon - Part 3 of 8

### Three Keys to Reducing the Stress of my Schedule

#### 1. \_\_\_\_\_ YOUR PRIORITIES.

**Proverbs 17:24 (GN)** "An intelligent person aims at wise actions, but a fool starts off in many directions."

**Proverbs 12:11 (GN)** "... It is stupid to waste time on useless projects."

**Proverbs 16:9 (GN)** "We should make plans, counting on God to direct us."

#### 2. \_\_\_\_\_ YOUR ATTITUDE.

**Proverbs 12:25 (Ber)** "Anxiety in a man's heart weighs it down."

**Proverbs 14:30 (LB)** "A relaxed attitude lengthens a man's life."

**Proverbs 17:22 (GN)** "Being cheerful keeps you healthy. It is a slow death to be gloomy all the time."

#### 3. \_\_\_\_\_ TO GOD.

**Proverbs 10:27 (LB)** "Reverence for God adds hours to each day."

**Proverbs 14:26 (LB)** "Reverence for God gives a man deep strength."

**Proverbs 3:5-6 (LB)** "Trust the Lord completely . . . in everything you do, put God first, and He will direct you and crown your efforts with success."

**Mark 8:37** Jesus: "What will a man give in exchange for his soul?"