

**TAMING MY TEMPER**  
**Wise Words from King Solomon - Part 4 of 8**

**Proverbs 16:32 (LB)** "It is better to be slow-tempered than famous; it is better to have self-control than control an army."

1. \_\_\_\_\_ **THE RESULTS**

**Proverbs 19:22 (LB)** "A hot-tempered man . . . gets into all kinds of trouble."

**Proverbs 15:18 (GN)** "Hot tempers cause arguments."

**Proverbs 14:29 (GN)** ". . . anger causes mistakes."

**Proverbs 14:17 (GN)** "People with hot tempers do foolish things."

**Proverbs 11:29 (LB)** "The fool who provokes his family to anger and resentment will finally have nothing worthwhile left."

2. \_\_\_\_\_ **BEFORE REACTING**

**Proverbs 29:11 (NEB)** "A stupid man gives free rein to his anger; a wise man waits and lets it grow cool."

**Proverbs 12:16 (GN)** "When a fool is annoyed, he quickly lets it be known. Smart people will ignore an insult."

**Proverbs 19:11 (GN)** ". . . When someone wrongs you, it is a great virtue to ignore it."

**Proverbs 17:27 (GN)** "People who stay calm have real insight."

3. \_\_\_\_\_ **YOUR REMARKS**

**Proverbs 21:23 (GN)** "If you want to stay out of trouble, be careful what you say."

**Proverbs 15:1 (GN)** "A gentle answer quiets anger, but a harsh one stirs it up."

**Galatians 5:22** "The fruit of the Spirit is. . . patience."