HOW TO KEEP PROFESSION FROM BECOMING OBSESSION Advancing Your Career - Part 5 of 6

Proverbs 23:4 "<u>Do not wear yourself out</u> to get rich; have the wisdom to show restraint."

Ecclesiastes 10:15 (GN) "Only someone too stupid to find his way home would wear himself out with work."

I. WHY DO PEOPLE BECOME "WORKAHOLICS"?

1. _____

Psalm 55:2 "I am worn out by my worries."

2. _____

3. _____

Ecclesiastes 4:4 (GN) "I've learned why people work so hard to succeed; it's because they <u>envy the things</u> their neighbors have."

II. GOD'S CURE FOR WORKAHOLISM

R - _____

1 John 3:1 (LB) "See how very much our Heavenly Father loves us, for He allows us to be called his children - think of it - and we really are!"

Isaiah 43:4 God says, "You are precious in my sight."

E - _____

Ecclesiastes 3:13 (GN) "All of us should eat and drink and <u>enjoy</u> what we have worked for. It is God's gift."

- **1 Timothy 6:6-8** "Godliness <u>with contentment</u> is great gain. For we brought nothing into the world and we can take nothing out of it. But if we have food and clothing, we will be content with that."
- L -
- **Exodus 20:9-10 (GN)** "You have six days in which to do your work, but the seventh day is a day of rest dedicated to Me. On that day no one is to work..."
- Mark 6:31 "There were so many people coming and going that Jesus and his disciples didn't even have time to eat. So he said to them, `Let us go off by ourselves to <u>some place where we will</u> <u>be alone and you can rest awhile</u>."
- Psalm 127:2 (LB) "It is senseless for you to work so hard from early morning until late at night... for God wants his loved ones to get their proper rest."
- A _____
- Mark 8:36-37 "What good is it for a man to gain the whole world, yet forfeit his soul? Or what can a man give in exchange for his soul?"
- Ecclesiastes 2:10-11 (GN) "<u>Anything I wanted</u>, I got, I didn't deny myself any <u>pleasure</u>. I was <u>proud</u> of everything I had worked for... Then I thought about all I had done, and <u>how hard I had</u> worked doing it, and I realized it didn't mean a thing."

X - _____

Matthew 6:31-32 "Do not worry, saying, `What shall we eat... Or drink... Or wear?' For the pagans <u>run after</u> all these things, and your Heavenly Father knows you need them."

Proverbs 14:30 (LB) "A relaxed attitude lengthens a man's life."

Matthew 11:28-29 "Come to me, all of you who are <u>weary and</u> <u>overburdened</u>, and I will give you rest! Put on my yoke and learn from me... and you will find rest for your souls."