

HOW TO STAY CALM IN A CRISIS

How to Handle Life's Hurts - Part 5

II Timothy 3:16-17 "All Scripture is given by inspiration of God and is profitable for teaching, reproof, correction and instruction in righteousness that the man of God may be thoroughly equipped unto all good works."

Acts 27:9b-10 "So Paul warned them, `Men, I can see that our voyage is going to be disastrous. It will bring great loss to the ship and the cargo and to our own lives also."

I. WHY WE EXPERIENCE "STORMS" IN LIFE

1. We _____.

Acts 27:11 "But the centurion, instead of listening to what Paul said, followed the advice of the pilot and of the owner of the ship."

2. We _____.

Acts 27:12 "Since the harbor was unsuitable in winter, the majority decided that we should sail on, hoping to reach Phoenix and winter there."

3. We _____.

Acts 27:13 "When a gentle south wind began to blow, they thought they had obtained what they wanted so they weighed anchor and sailed along the shore of Crete."

Acts 27:14-15a "Before very long, a wind of hurricane force, called the Northeaster, swept down from the island. The ship was caught in the storm and could not head into the wind."

II. HOW "STORMS" TEND TO AFFECT OUR LIVES

1. Storms cause us to _____.

Acts 27:15,17 "The ship was caught by the storm and could not head into the wind so we gave way to it and we were driven along...They let the ship be driven along."

2. Storms cause us to _____.

Acts 27:18-19 "So we took such a violent battering from the storm that the next day they began to throw the cargo overboard. And on the third day, they threw the ship's tackle overboard."

3. Storms cause us to _____.

Acts 27:20 "When neither sun nor stars appeared for many days and the storm continued raging, we finally gave up all hope of being saved."

Acts 27:29 "Fearing that we would be dashed against the rocks, they dropped four anchors from the stern and they prayed for daylight."

Psalms 125:1 "He who puts his trust in God is like Mount Zion. He is immovable."

III. WHAT TO HOLD ONTO IN A "STORM".

1st Anchor: _____.

Acts 27:22 "But I urge you to keep up your courage, because not one of you will be lost, only the ship will be destroyed."

Acts 27:23 "Last night, when an angel of God, whose I am, and whom I serve, stood beside me."

Storms can never hide _____.

2nd Anchor: _____.

Acts 27:24 "This angel stood by me and he said 'Do not be afraid, Paul. You must stand trial before Caesar and God has graciously given you the lives of all those who sail with you.'"

Storms can never change _____.

3rd Anchor: _____.

Acts 27:25 " So keep up your courage men, for I have faith in God that it will happen, just as He told me."

Storms can never destroy _____.

Acts 27:39 "When daylight came, they didn't recognize the land but they saw a bay with a sandy beach where they decided to run the ship aground if they could."

Acts 27:44 "the rest were to get on planks in the water on pieces of the ship and in this way everyone reached the land in safety."

Hebrews 6:19a "Hope is the anchor of the soul."