

WHEN A MARRIAGE ENDS Marriage Matters - Part 5 of 6

Malachi 2:16 "I hate divorce, says the Lord."

WHAT TO DO WITH A BROKEN HEART

1. GET _____.

Ecclesiastes 4:10, 12 (NLT) "If one person falls, another can reach out and help. But people who are alone when they fall are in real trouble... two can stand back-to-back and conquer. Three are even better."

2. ACCEPT _____.

2 Samuel 12:22-23 "I fasted and wept while the child was alive... But why should I fast when he is dead? Can I bring him back to life?"

3. CRY OUT _____.

Psalms 142:1-6 (NLT) "I cry out to the Lord; I plead for his mercy. I pour out my complaints before him and tell him all my troubles. For I am overwhelmed, and you alone know the way I should turn..."

Psalms 34:18 (NIV) "The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Hebrews 4:16 (NIV) "Let us approach [God] with confidence, so we may receive mercy and find grace to help us in our time of need."

4. LISTEN TO _____.

Psalms 119:25 (LB) "I am completely discouraged... Revive me by your word."

Psalms 119:148 (LB) "I stay awake through the night, thinking about your promises."

5. ASK FOR AND OFFER _____.

Psalms 38:4, 18 (NLT) "My guilt overwhelms me -- it is a burden too heavy to bear... But I confess my sins; I am deeply sorry for what I have done."

Ephesians 4:31-32 (NIV) "Get rid of all bitterness... forgiving each other just as in Christ God forgave you."

Job 18:4 (GN) "You are only hurting yourself with your anger."

6. KEEP HOPING, GROWING, AND FOCUSING ON _____.

Psalms 27:13 (NAS) "I would have despaired unless I had believed that I'd see the goodness of the LORD..."

Philippians 1:6 (LB) "God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished..."

Job 11:13-16 (GN) "Put your heart right, reach out to God... then face the world again, firm and courageous. Then all your troubles will fade from your memory..."

2 Corinthians 7:10 (NLT) "God sometimes uses sorrow in our lives to help us turn away from sin and seek salvation."