

## WHAT I EAT AND WHAT'S EATING ME

### Breaking Free - Part 3

**1 Corinthians 6:19 (NLT)** “Don’t you know that your body is the temple of the Holy Spirit, who lives in you and was given to you by God.”

**Titus 2:12 (NLT)** “And we are instructed to turn from godless living and sinful pleasures. We should live in this evil world with self-control, right conduct and devotion to God.”

**Romans 12:1 (NLT)** “And so, dear brothers and sisters, I plead with you to give your bodies to God. Let them be a living and holy sacrifice – the kind He will accept. When you think of what He has done for you, is this too much to ask?”

**Ezekiel 16:49 (NLT)** “Sodom’s sins were pride, laziness and gluttony...”

**(NASB)** “Arrogance, abundant food and careless ease...”

**(NIV)** “arrogant, overfed and unconcerned...”

**Romans 6:13 (NLT)** “Do not let any part of your body become a tool of wickedness, to be used for sinning. Instead, give yourselves completely to God since you have been given new life. And use your whole body as a tool to do what is right for the glory of God.”

**Jeremiah 6:13, 14 (NLT)** “From the least to the greatest, they trick others to get what does not belong to them. Yes, even My priests are like that! They offer superficial treatments for My people’s mortal wounds.”

**Ecclesiastes 4:12 (NLT)** “A person standing alone can be attacked and defeated, but two can stand back to back and conquer. Three are even better, for a triple-braided cord is not easily broken.

**2 Peter 2:10 (NLT)** “He is especially hard on those who follow their own evil, lustful desires and who despise authority. These people are proud and arrogant...”

**Acts 7:31 (NLT)** “You stubborn people! You are heathen at heart and deaf to the truth. Must you forever resist the Holy Spirit? But your ancestors did and so do you!”

**Proverbs 27:3 (NLT)** “A stone is heavy and sand is weighty, but the resentment caused by a fool is heavier than both.”

**Ephesians 4:31 (NLT)** “Get rid of all bitterness, rage, anger, harsh words and slander as well as all types of malicious behavior.”

**I John 4:17-18 (NLT)** “And as we live in God, our love grows more perfect. So we will not be afraid of the day of judgment, but we can face Him with confidence because we live like Jesus here in this world. Such love has no fear because perfect love expels all fear. If we are afraid, it is for fear of punishment, and this shows that we have not fully experienced His perfect love.”

**Ephesians 4:2 (NLT)** “Be patient with each other. Making allowance for each other’s faults because of your love.”

**Romans 14:9 (NLT)** “Let us concentrate on the things which make for harmony, and on the growth of one another’s character.”