

**TIME TO LET GO OF WORRY . . .
AND EMBRACE THE PEACE OF GOD
It's Time For Christmas - Part 2**

Psalm 84:5-7 “Blessed are those whose strength is in You, who have set their hearts on pilgrimage. As they pass through the valley of tears they dig a well and they go from strength to strength until each appears before God in Zion.”

Nahum 1:3 “The Lord has His way in the whirlwind and in the storm and the clouds are the dust at His feet.”

Matthew 6:25-34 (NIV) “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Who of you by worrying can add a single hour to his life? And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you, O you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first His kingdom and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

1. Worry is _____.

2. Worry is _____.

Psalm 145:16 "You open your hand and satisfy the desires of every living thing."

3. Worry is _____.

Proverbs 12:25 "Anxiety weighs down the heart, but a kind word cheers it up."

4. Worry is _____.

Philippians 4:19 "And my God will meet all your needs according to the riches of His glory in Christ Jesus."

Proverbs 3:5 (NIV) "Trust in the Lord with all your heart and lean not on your own understanding."

Isaiah 26:3 (NKJV) "You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You."

Philippians 4:6-9 (NIV) "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you."