

THE BALANCED LIFE
Building My Life On Values That Last - Part 5

Psalm 127:2 (LB) "It is senseless for you to work so hard from early morning until late at night... God wants his loved ones to get their proper rest."

B.A.L.A.N.C.E.

B - _____ my life around Christ.

Matthew 6:33 (NIV) "God will give you all you need from day to day IF you live for him and make the Kingdom of God your primary concern."

Matthew 22:37-39 (NIV) "Love the Lord your God with all your heart... This is the first and greatest commandment. And the second is... Love your neighbor as yourself."

A - _____ my humanity.

Ecclesiastes 10:15 (GN) "Only someone too stupid to find his way home would wear himself out with work!"

Psalm 119:73 (LB) "You made my body, Lord; now give me sense to heed your laws."

L - _____ my Labor.

Exodus 20:9-10 (GN) "You have six days in which to do your work, but the 7th day is to be a day of rest dedicated to Me."

Mark 2:27 "The Sabbath was made to benefit man..."

1) _____ **my body.**

2) _____ **your emotions.**

3) _____ **your spirit.**

A - _____ my values.

Ecclesiastes 4:4 (GN) "I've learned why people work so hard to succeed; it's because they envy the things their neighbors have."

Mark 8:36 (NIV) "What good is it for a man to gain the whole world, yet forfeit his soul?"

Ecclesiastes 4:6 (GN) "It is better to have only a little, with peace of mind, than be busy all the time..."

N - _____ my inner life.

Song of Solomon 1:6 "... I had no time for myself."

Psalms 119:16 (NIV) "...I will not neglect your Word."

C - _____ your daily schedule to God.

Luke 5:15-16 "Jesus often slipped away to be alone so he could pray."

Psalms 31:15b (NIV) "My times are in your hands."

Ecclesiastes 3:1 (NIV) "There is a time and a season for everything under Heaven."

E - _____ the moment.

Ecclesiastes 3:13 (GN) "All of us should... enjoy what we have worked for. It's God's gift."

Proverbs 14:30 (LB) "A relaxed attitude lengthens a man's life."

Matthew 11:28-29 (NCV) Jesus: "Come to me, all of you who are tired and have heavy loads, and I will give you rest... the load I give you to carry is light."